



The 33rd Annual Real Florida 5K and 10K Cross Country Run & Fun Walk Saturday, February 29, 2020

Registration begins at 7:00am - Races begin at 8:30am

5K & Walk entry fee is \$25 through Jan 31. \$35 Feb 1 to Feb 28 and \$40 day of event.

10K entry fee is \$35 to January 31. \$45 Feb 1 to Feb 28 and \$50 on race day.

All registered runners and walkers receive a special t-shirt the day of the event.

All finishers receive a medal. Refreshments and an awards ceremony will follow.

REGISTRATION FORM

LAST NAME

FIRST NAME

MI

ADDRESS

E-MAIL ADDRESS

DAYTIME PHONE NUMBER

DATE OF BIRTH

AGE DAY OF RACE

MALE

FEMALE

FOR A TEXT MESSAGE OF YOUR RACE TIME PLEASE GIVE YOUR CELL NUMBER & CARRIER _____

Please select one adult shirt size:

SMALL

X-LARGE

MEDIUM

XX-LARGE

LARGE

Please select one payment method:

CHECK or MONEY ORDER enclosed

made payable to Wekiwa Wilderness Trust, Inc.

CASH

Please specify one: * **REQUIRED***

Credit card payments-on-line registration preferred.

RUNNER

5K ___ or 10K ___

WALKER (Walkers will *not* be timed)

This is an off road event on trails. You must be aware of your surroundings and other runners. I-pods etc. are not recommended. I consider myself trained for the Wekiwa Springs State Park Real Florida 5K/10K Cross Country Run. I do hereby release Wekiwa Springs State Park and Wekiwa Wilderness Trust, Inc., all sponsors, workers, and anyone involved in this race from any liability for accident, injury, illness, or death suffered by me in connection with this race. I attest and verify that I have full knowledge of the risks involved in this event. If I should suffer any accident, injury, or illness, I authorize the officials of the race to use their discretion to have me examined by EMT personnel and, if needed, transported to a medical facility. I will take full responsibility for this action. I have read the above release and understand that I am entering this event at my own risk. I also agree that the WWT may publish race photos of me on their website.

Race packets available on day of race ONLY.

SIGNATURE

DATE

*If participant is under 18, parent or guardian signature required and parent or guardian approval will be required the day of event.

Mail completed registration form with registration fee to

**Real Florida 5/10K Run & Fun Walk, Wekiwa Wilderness Trust, 1800 Wekiwa Cr, Apopka, FL, 32712
or drop off at Wekiwa Springs State Park Ranger Station**

Advance registrations must be received by WWT no later than January 31, 2020

For online registration go to www.wwt-cso.com or www.itsyourrace.com

Help fund our many important projects in the park by making an additional donation of

\$ _____ - Thank you!