



# The 32nd Annual Real Florida 5K and 10K Cross Country Run & Fun Walk Saturday, February 23, 2019

Registration begins at 7:00a m - Races begin at 8:30am

5K & Walk entry fee is \$25 through Jan 31. \$35 Feb 1 to Feb 22 and \$40 day of event.

10K entry fee is \$35 to January 31. \$45 Feb 1 to Feb 22 and \$50 on race day.

All registered runners and walkers receive a special t-shirt the day of the event.

**All finishers receive a medal. Refreshments and an awards ceremony will follow.**

## REGISTRATION FORM

\_\_\_\_\_  
LAST NAME FIRST NAME MI

\_\_\_\_\_  
ADDRESS E-MAIL ADDRESS

\_\_\_\_\_  
DAYTIME PHONE NUMBER DATE OF BIRTH AGE DAY OF RACE  MALE  
 FEMALE

FOR A TEXT MESSAGE OF YOUR RACE TIME PLEASE GIVE YOUR CELL NUMBER & CARRIER \_\_\_\_\_

Please select one adult shirt size:  SMALL  X-LARGE  MEDIUM  XX-LARGE  LARGE

Please select one payment method:  CHECK or MONEY ORDER enclosed made payable to Wekiwa Wilderness Trust, Inc.  CASH

Please specify one: \* **REQUIRED\***  RUNNER 5K \_\_\_ or 10K \_\_\_  WALKER (Walkers will *not* be timed) Credit card payments-on-line registration preferred.

This is an off road event on trails. You must be aware of your surroundings and other runners. I-pods etc. are not recommended. I consider myself trained for the Wekiwa Springs State Park Real Florida 5K/10K Cross Country Run. I do hereby release Wekiwa Springs State Park and Wekiwa Wilderness Trust, Inc., all sponsors, workers, and anyone involved in this race from any liability for accident, injury, illness, or death suffered by me in connection with this race. I attest and verify that I have full knowledge of the risks involved in this event. If I should suffer any accident, injury, or illness, I authorize the officials of the race to use their discretion to have me examined by EMT personnel and, if needed, transported to a medical facility. I will take full responsibility for this action. I have read the above release and understand that I am entering this event at my own risk. I also agree that the WWT may publish race photos of me on their website.

Race packets available on day of race ONLY.

\_\_\_\_\_  
SIGNATURE DATE

\*If participant is under 18, parent or guardian signature required and parent or guardian approval will be required the day of event.

**Mail completed registration form with registration fee to  
Real Florida 5/10K Run & Fun Walk, Wekiwa Wilderness Trust, 1800 Wekiwa Cr, Apopka, FL, 32712  
or drop off at Wekiwa Springs State Park**

**Advance registrations must be received by WWT no later than January 31, 2019**

**For online registration go to [www.wwt-cso.com](http://www.wwt-cso.com) or [www.itsyourrace.com](http://www.itsyourrace.com)**

Help fund our many important projects in the park by making an additional donation of

\$ \_\_\_\_\_ - Thank you!